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Discharge instructions Following Penile Lesion Excision

Procedure:

You had a lesion biopsied/removed from the penis and or glans. Sutures maybe placed over the biopsy site.

What to expect:

Dressing: You can remove your dressing 2 days after surgery.

Pain: Take Tylenol #3 or Percocet for pain. Take with food so you do not get nauseated. Take stool softeners so you do not get constipated. Take anti-inflamnmatories as prescribed by your physician.

Penis: Your penis shaft and or glans will bruise and may turn black and blue. Do not be alarmed as this is normal. You will see blood on your underpants for 1 week. Wrap the penis up daily for the first week use neosporin over the sutures they will dissolve. No sexual activity for 1-2 weeks as ok by physician.

Shower: You can shower in 48 hours.

Constipation: This is a common side effect of pain medication. Take stool softener as instructed after your procedure. **For constipation longer than 48 hours:** drink ½ bottle of magnesium citrate. If no bowel movement after one hour drink the other half of the bottle. If no bowel movement after magnesium citrate, use a Fleets enema.

Medications:

Pain medicine: Take pain medicine as needed. This will constipate you so take Colace or Senna to stay regular. Do not drive on narcotic pain medicine such as Tylenol #3 or Percocet.

Stool softener: Take a stool softener while on pain medicine so you do not get constipated. We





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recommend Colace 200mg twice daily and Senna 2 tabs daily.

Ibuprofen/Sprix: You can take ibuprofen as instructed on the bottle for pain, but please take in moderation. Squirt sprix into naris every 8 hrs and wait for 3-5 seconds before breathing in to avoid nasal burning.

What to call for:

Fever : Call for a temperature over 101

Nausea/vomiting : Call if you do not feel well and cannot keep anything down.

Inability to urinate : If you cannot urinate after the procedure, please call us immediately.

Incision: redness, and drainage, uncontrolled pain

If you have any questions

Please resume all previous medicines as before, including aspirin or Plavix (blood thinners) if you were on them previously.

Follow up:

Please follow up on:

Call us at 404-400-3120 with any questions or concerns.

