



371 E. Paces Ferry Road N.E. Suite 550
 Atlanta, GA 30305
 Phone: 404-400-3120 Fax: 404-481-2454
 Email: info@atlantacosmeticurology.com

Prostate Sonogram with Space OAR Discharge Instructions .

Procedure:

You had an ultrasound guided prostate your prostate with Space OAR. Follow up with your radiation doctor to begin treatment while the space OAR is in place. The space OAR will last 3-6 months.

What to expect:

Urine: Your urine will be bloody for several days. Do not be alarmed. Please call us if you are passing clots or feel like you cannot empty your bladder.

Bowel movements: Your bowel movements will have some blood. Please call us if you are passing a large amount of blood with bowel movements or are continuously dripping blood from your rectum. This is more likely to happen the day of the biopsy.

Semen: You will see blood in the semen for three weeks and this is completely normal.

Diet: You can eat and drink anything you like but be reasonable. Drink plenty of fluids to stay hydrated.

Activity: Take it easy for the next 72 hours. No heavy lifting or strenuous activity.

Do not drive for at least 24 hours.

Constipation: This is a common side effect of pain medication. Take stool softener as instructed after your procedure. **For constipation longer than 48 hours:** drink ½ bottle of magnesium citrate. If no bowel movement after one hour drink the other half of the bottle. If no bowel movement after magnesium citrate, use a Fleets enema.

What to call for:

Fever: Call for a temperature over 101

Nausea /vomiting: Call if you do not feel well and cannot keep anything down.

Inability to urinate: If you cannot urinate after the procedure, please call us immediately.

Bloody bowel movements: Please call us if you are passing a large amount of blood with bowel movements or are continuously dripping blood from your rectum. This is more likely to happen the day of the biopsy.

Pain medicine: Take pain medicine as needed. This will constipate you so take Colace or Senna to stay





371 E. Paces Ferry Road N.E. Suite 550
Atlanta, GA 30305
Phone: 404-400-3120 Fax: 404-481-2454
Email: info@atlantacosmeticurology.com

regular. Do not drive on narcotic pain medicine such as Tylenol #3 or Percocet.

Stool softener: Take a stool softener while on pain medicine so you do not get constipated. We recommend Colace 200mg twice daily and Senna 2 tabs daily.

Resume blood thinning medication as directed by your physician

Follow up:

Please follow up on:

Please call our office any time with any questions (404) 400-3120.
Please email us with non-urgent questions email info@atlantacosmeticurology.com

